

Community Resources for Covid-19

Nutrition Supports

South

	Town/City	Days	Times	Meal Type	Comments
Lee Elementary School 310 Greylcok St	Lee	Tuesdays	after 11:30	Delivery	Weekly packages of 5 days worth of meals for Lee residents and LPS students in Tyringham; call (413) 243-0336 X3333 or email lunches@leepublicschools.net and provide name, address, phone number, # of meals need and ages of children. Need to call or email by noon on FRIDAY to receive a box for the following week
Starving Artist Creperie and Café 40 Main St	Lee	Wed-Mon	7:30-5pm Sunday (9-3)	Delivery	More information on their Facebook, local farm fresh foods offering a weekly delivery at different price points.
Lee Food Pantry 45 Railroad St	Lee	Saturdays	10:00-12:00	Pantry	(413)266-1141
Richmond Consolidated School 1831 State Rd	Richmond	M-F	9:00-10:00	Grab-and-Go	call or email Tammy at (413) 698-2207 or tjervas@richmondconsolidated.org the night before with the number of lunches needed
Undermountain Elementary School 491 Berkshire School Rd	Sheffield	M-F	11:00-1:00	Grab-and-Go	For Southern Berkshire Families only. Can contact Jeremy Wells for more information: meals@sbrsd.org or call 413-248-0727- no registration or ID needed. On Friday, a weekend box of food is sent home. Need to register to receive. Also do delivery
Bizen 17 Railroad St	Great Barrington	M-Su	12:00-2:00 & 5:00-8:30	Pick Up	Free Veggie Sushi Roll for all kids through high school
People's Pantry 5 St. James Place	Great Barrington	Monday & Thursday	5:00-6:30 & 9:30-1:00	Pantry	
Monument Valley Middle School (in the main loop) 313 Monument Valley Rd	Great Barrington	Fridays	11:00-2:00	Grab-and-Go	Available for any family who lives in the Berkshire Hills District Bag of shelf stable items and produce for the week. Families must pre-register by emailing: meals@bhrsd.org or call Kathy Sullivan at 413-644-2325. If hours don't work for you, school will accomodate. You need to stay in your car when you pick up
Bizen 17 Railroad St	Great Barrington	Everyday	12-2pm 5-8:30pm	Grab-and-Go	Available to all kids through high school
Shaker Mill Tap House 5 Albany Rd	West Stockbridge	Monday	11:00-1:00		Free lunch for any adult or child, menu will change weekly
West Stockbridge Public Market 8 Main St	West Stockbridge	M-F	12:00-2:00 4:00-6:00		Free lunch & Dinner to any adult or child in need
Farmington River Elementary School 555 Main St	Otis	Monday	9:00-10:00	Grab-and-Go	Brown Bag Meals+food for the week. Email: tdellagiustina@frsd.org for info. Delivery available

Additional Grocery Store Hours for Seniors

	Times	Days	Comments
Big Y	7am - 8am	7 days a week	Regular hours are 7:30am - 8pm
Price Chopper/Market 31	6am - 7am	7 days a week	Regular hours are 7am - 10pm
Stop and Shop	6am - 7:30am	7 days a week	Regular hours are 7:30am - 8pm
Guidos	9am - 10am	7 days a week	Regular hours Monday - Saturday 9am - 6pm

Other Food Supports

	Contact Information	Comments
Square Roots Farm	(413)446-1446 farmers@squarerootsfarm.org	Offering a home delivery service, place orders through their website. Accepts SNAP.
Mountain Girl Farm	(413)663-9761 mountaingirfarm@yahoo.com	Offering a home delivery, please contact to order accepts SNAP & HIP
Roots Rising Virtual Farmers Market	https://www.rootsrising.org/virtualfarmersmarket	Launch on April 6th, 2020, Delivery option that is free for SNAP card holders, seniors and those who have lost their job due to COVID. Pick up is also a option (730) Tyler St)
Massachusetts Food Delivery	https://massfooddelivery.com/	Farm fresh food delivered to your door
Meals on Wheels	(413)499-0524	Monday-Friday around lunch time
FoodSource Hotline	1(800)645-8333	This hotline connects people struggling to put food on the table with SNAP benefits and other food resources in thier community. Monday - Friday from 8am-7pm Saturday from 10am - 2pm

Shelter Supports

	Contact Information	Comments
St. Joseph's High School 72 Maplewood Ave, Pittsfield	(413)320-6550	Now Open for emergency shelter
Soldier On 360 W Housatonic St, Pittsfield	(413)236-5644	Currently Closed
Barton's Crossing 1307 North St, Pittsfield	(413)442-1445	Currently Closed

Financial, Housing & Utility Supports

	Contact Information	Comments
Neighbor-to-Neighbor Fund	http://www.berkshiretaconic.org/bReceivebNonprofitsIndividuals/SearchApplyforGrants/NeighbortoNeighborN2N.aspx	Emergency assistance for local residents who are in economic distress through small grants to help with overdue utilities, medical bills, short term housing costs, and transportation problems. Checks are written to the vendor (landlord, utility company, pharmacy or mechanic) on behalf of the community member in need.
Berkshire County Regional Housing Authority	https://bcrha.com/ (413)443-7138	Housing & Consumer Education Programming Dispute Resolution Services Comprehensive Legal and Educational Counseling Services Pre & Post Foreclosure Counseling Homelessness Prevention/Tenancy Preservation Services Homelessness Resolution and Housing Search Assistance Anti-poverty Resources
18 Degrees Emergency Childcare	(413)448-8281 ext 211 eweller@18degreesma.org	Emergency Childcare of essential workers Open 7:30am - 5:30pm March 31 - May 2, 2020
Emergency child care services for essential employees	https://eecedlead.force.com/resource/1584913293000/EEC_EmergencyProviderList	Please visit this website for a contact list of all emergency child care services.
The Department of Public Utilities	(617)305-3500	Suspending all shut-offs of gas and electric utilities, including municipal light and gas plants, for residential customers during the #COVID19 State of Emergency.
National Grid	ngrid.com/covid-19 .	Temporarily suspended collections-related activities, including service disconnections, to lessen any financial hardship. This will stay in effect at least until the end of April.
Berkshire Community Action Council	Central/South: (413)445-4503 North: (413)663-3014	If you were recently laid off apply for fuel assistance through BCAC by calling the number provided. This program can also help with free Tax prep and Loan programs.
Spectrum	1(800)488-8398	Free internet access for students.
Honda Financial Services	1(800)457-9929	If in need and cannot pay car payment - call number given and they will allow 3 month of non payment with no penalty.
Comcast	https://www.internetessentials.com/covid19	2 months of internet essentials for new clients in low income families impacted by COVID

Bartender Relief Fund	https://www.usbgfoundation.org/beap	Bartender emergency assistance program, applications required, please follow the link to apply.
Covid-19 Emergency Response Fund for Berkshire County	To apply, email requests to berkshireuw@email.com They will require you answer a few questions.	Berkshire Taconic Community Foundation and Berkshire United Way has launched resources for 501c organization working with communities who are disproportionately impacted by the coronavirus and the economic consequenced of this outbreak
Family Supports		
	Contact Information	Comments
Multilingual Factsheet	https://www.kingcounty.gov/covid	Public health factsheet in 11 languages
Food Transportation	Williamstown or Adams Council Of Aging	if a ride is needed to pick up groceries
Berkshire Community Diaper Project	https://www.berkshirecommunitydiaperproject.com/need-diapers	Please follow this link fro locations on Diapers in your area
Child Care of the Berkshires & NBCC	(413)663-7588	Emergency Diapers
Reduced BRTA Bus Service	https://www.berkshirerta.com/publicannouncements.php	Please check the website for changes to the bus schedule alone with other BRTA announcements.
Substance Use Supports		
	Contact Information	Comments
Pause A While	(425)436-6360 Access Code 422932#	Free conference call for AA meetings @2pm everyday.
1 Day at a Time	https://zoom.us/j/773878425 Or call in 1(646)876-9923 Meeting ID: 773 878 425	Zoom meeting for AA. 10pm EST 7 days a week. featuring a 15 minute speaker or topic followed by group discussion.
SROL (Smart Recovery Online Community)	https://www.smartrecovery.org/community	Warm and caring online community where participant interact and help one another recover from addictive behaviors. Regisration is required to access SMART recovery online message board, chat room, and online meetings.
Narcotics Anonymous	https://www.na.org/meetingsearch/	Online meetings
Spectrum Health Systems	(413)442-0402	Still currently seeing patients
Savida Health	North Adams: (413)398-5180 Pittsfield: (413)236-9100	MAT Appointments virtually, 100% of medical and counseling visits though telehealth. For individual with no smartphone, please call contact infomation as other options are available for you.
CleanSlate Addiction Treatment Centers	(413)347-4088	Still seeing patients, will move to telahealth in future if necessary with pharmacy pick up for medications.
Brien Center	(413)499-0412	Using telahealth and phone based therapy. Injection clinic is still open, only one patient at a time. Day treatment programs and on hold.
First Steps Together Families In Recovery Support	(413)887-2004	Still accepting referrals and offering telehealth including Peer Based Recovery Support, individual counseling and support groups virtually.
Tapestry Health	(413)443-2844	Needle Exchange: Still open for needle exchange and narcan. Willing to give more supplies than normal to limit visits. No current testing Preventative Health: using telahealth with no in-person visits, can provide birth control and support for other that may have been exposed to an STI.

Mental Health Supports		
	Contact Information	Comments
Crisis Text Line	Text "Connect" to 741741 www.crisistextline.com/textline	Text line if you are anxious about COVID-19
North Berkshire EOC Hotline	(413)662-3614 email: nbcovid@gmail.com	8am - 5pm Monday through Friday answering questions related to COVID-19, regarding what services you may need as well as additional resources in your community
Parent Support Groups	https://zoom.us/j/6607380697 or Dial in 1(646)558-8656 Meeting ID 6607380697#	Mon 3/23 at 9am & 4:30pm Tues 3/24 at 8am & 6pm Wed 3/25 at 9am & 4pm Thur 3/26 at 12pm & 5pm
Parental Stress Line	(800)632-8188	24-7 Free & Confidential hotline for parental anxiety. Which can help address the following questions How do I protect my children? what do I tell them? or simply, how do I keep them busy when thier is no school?
Coping Skills tool-kit	www.virusanxiety.com	Resources to help you manage anxiety and stress during this time
National Alliance on Mental Illness	https://namimass.org/online-and-phone-support-options/	Many in-person peer and family support options have een temporarily suspended. Please visit this website to find options accessible during this time.
Veterans Crisis Line	(800)273-8255 and Press 1, or text 838255 to connect	Free confidential recourse for Veteran in crisis and their families and friends, incuding veterans not registered with the VA
<i>*** This is a working Document, not a Comprehensive list, Last Updated 4/21/2020 ***</i>		